# First 5 Siskiyou

**Children and Families Commission** 

Supporting Healthy Children and Families of Siskiyou County.

#### Our Mission is to strengthen Siskiyou County's

commitment to children and families by:

THE KIDS

ABOUT

ALL

- Improving the quality, availability and integration of resources for children and families to realize their fullest potential.
- Ensuring every child in Siskiyou County enters school healthy and ready to learn.
- Promoting Siskiyou County as a safe, friendly, nurturing environment for children and families.

### Programs

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A menu of programs and services are offered at the local Family/Community Resource Centers including, play groups, family fun events and celebrations, Evidence Based parenting education series, one time work shops, parent support activities, food pantry, Great Northern Corporation, youth programs, nutrition education and promotion activities and resources, Resource and Referral services, application assistance for Cal Fresh, Medical, etc., Job retention and support resources, case management services, some FRCs are host for supervised visitations, drop in play and social hours, Mental Health Services Act prevention support activities, Early Head Start socials, cooking classes, etc.

## **Community Partners**

Collaboration is a key factor for the success of the Siskiyou FRCs, each FRC collaborates with local churches, service clubs, schools, childcare programs, Early Head Start human services, public health, and other public agencies and non profits to provide a plethora of family support and education programs within each FRC service area.

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# History

In November 1998 the State of California imposed an addition-

al 50 cents a pack on cigarettes. The monies generated by this tax are set aside solely for use in improving the health and development of young children ages prenatal to 5 years old. The monies are divided among the counties based on birth statistics. Each county has the freedom to identify its own needs for the health and development of its young children and how best to satisfy those needs.

First 5 Siskiyou (formerly Siskiyou Children & Families Commission) was first formed and began meeting in April 1999. Seven Commissioners, appointed by the Board of Supervisors, meet monthly on the 4th Wednesday. Community Teams were formed in each of the County's 10 major population areas to carry out the commission's agenda. Nine of the teams have evolved into Family and Community Resource Centers offering diversified programs throughout the county.

The FRC/ CRCs receive funding from First 5 Siskiyou through annual RFFs to provide programs that fit the needs of each community.

## **Collaborative Quote**

We are proud of the model we created to stretch our local resources.

# Contact

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# **Geographical Focus**

Siskiyou County is geographically frontier area with over five thousand square miles and only 46,000 people. We have found a cost effective way to reach the smallest of communities by the establishment of the Resource Centers housed in communities throughout Siskiyou county. The FRCs serve over 18 communities from Dunsmuir to Tulelake, Happy Camp to Etna. Naturally in comparison to largely populated counties in small geographic areas, we are limited in the number of resources and funding streams.

Family Development Matrix: Pathways to Child Abuse Prevention Funded by the office of Child Abuse Prevention